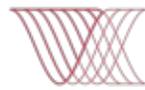


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The Vascular & Interventional Centre has an expert team of doctors well-versed in the current minimally invasive techniques and medical treatments. Our team of specialist doctors and staff strive to provide patients with holistic care in a fully integrated clinic and ambulatory surgery centre for a range of diseases.

Find out more @
<https://www.sgvascularctr.com/>



VASCULAR &
INTERVENTIONAL CENTRE

VIC @ Novena Specialist Center

Unit 06-08, 06-16 to 19
8 Sinaran Drive
Singapore 307470
Tel: +65 6694 6270
Fax: +65 6694 6245

**VIC @ Mount Elizabeth Novena
Specialist Centre**

Unit 07-38
38 Irrawaddy Road
Singapore 329563
Tel: +65 6684 2124
Fax: +65 6684 2194

**VIC @ Farrer Park Medical Centre
Connexion**

Unit 12-11
Farrer Park Station Road
Singapore 217562
Tel: +65 6443 6650
Fax: +65 6443 6646

<https://www.sgvascularctr.com/>



FINDING RELIEF FROM
BENIGN PROSTATIC HYPERPLASIA

VASCULAR & INTERVENTIONAL CENTRE
SINGAPORE



OUR TREATMENT

Prostate artery embolisation is a minimally-invasive procedure done via a groin or radial artery access puncture. A catheter is guided to the arteries that supply the enlarged prostate glands using x-ray fluoroscopy. Small particles are injected through the catheter to permanently sealed off the arteries supplying the prostate. As a result, the prostate shrinks, and the urethra is less compressed, significantly reducing the symptoms.

WHAT WOULD YOU EXPECT?

- This procedure is performed under light sedation, and patients are usually discharged on the same day from our centre.
- Minimal pain, discomfort.
- No surgical scar.
- Quick return to daily activities.

WHO IS ELIGIBLE?

- Patients taking oral medication but still having symptoms.
- Patients who have undergone other procedures but have not seen improvement.
- Patients not suitable for transurethral resection of the prostate (TURP) due to bleeding risks.
- Patients who wish to maintain their urinary continence and sexual potency.
- Patients who wants to avoid invasive surgery.

To find out if the procedure is right for you, you may request a consultation with one of our doctors to help you understand your options and choose the best treatment.

WHAT IS BENIGN PROSTATE HYPERPLASIA?

Benign prostatic hyperplasia (BPH) is a non-cancerous condition affecting men caused by an enlargement of the prostate gland. It is one of the most common urological conditions in men.

The enlarged prostate compresses on the urine channel leading from the bladder outwards – the urethra, and as a result, affects the flow and passage of urine.

WHAT ARE THE CAUSES AND RISK FACTORS?

- Age
- Higher body mass index
- Low levels of physical activity
- Family history of prostate problems

WHAT ARE THE SYMPTOMS?

Patients suffering from BPH may have symptoms affecting their lifestyle considerably. Some of these symptoms include:

- Frequent or urgent need to urinate, especially at night (nocturia).
- Difficulty starting urination
- Weak urine stream or a stream that stops and starts.
- Dribbling at the end of urination.
- Urinary tract infection
- Inability to urinate/empty the bladder
- Blood in the urine

HOW IS BENIGN PROSTATE HYPERPLASIA DIAGNOSED?

- Clinical examinations
- Urine test